

WASHINGTON STATE BAR ASSOCIATION

Well-Being Taskforce Monthly Meeting Minutes

May 6, 2024 Hosted on Zoom

Attendance: Justin Bingham (Chair), Kyle Sciuchetti, Darcel Lobo, Melissa Berry, Emily Arneson, Jenn Stuber, Anna Endter, Ghousia Rahim, Raquel Montoya-Lewis, Laura Moss.

WSBA Staff Present: Adely Ruiz & Dan Crystal

Absent: Judge Michael Finkle

Meeting Minutes

- A motion to approve the minutes of meeting on March 28th, 2024 was made by Kyle Sciuchetti Emily Arneson motioned second
 - Darcel Lobo, Ana Endter, Justice Montoya-Lewis abstained as they were not present at last meeting
 - All other voting members approved
 - Confirmation of schedule for future meetings.
 - Consensus that meetings will occur first Monday of the month
 - Next meeting June 3rd
- Introductions. Those who could not attend the previous meeting can share why Attorney Well-Being is important to them. (Justice Montoya-Lewis, Darcel Lobo, Anna Endter, Jennifer Stuber)
- Kyra Hazilla, JD, LCSW Oregon Attorney Assistance Program (20 minutes)
 - Discussed Oregon's report included in reading materials this week.
 - Group formation occurred through recruiting all different types of attorneys in the state (firms, solos, bar affinities)
 - Alot of the recruitment was done through personal invitations
 - Task Force members had personal stories and connection to the well-being efforts
 - Due to sufficient resources in the Oregon-LAP program there was an opportunity to focus on other areas of the law that can improve lawyer well-being

- Q&A with members
 - Size of workgroups
 - Established 4 work groups
 - Topics can be combined in order to make them manageable
 - Structure of work groups
 - Assigned task force members as the core leaders
 - Recruiting volunteers to also help with the work
 - How to work with Trauma that may show
 - Recommendation to read Trauma Stewardship by Laura Vandernoot Lipsky
 - What happens beyond the report in order to ensure things are put into action
 - Continued establishing small groups that are continuing to review the work
- Workgroup discussion. Identification of topics, number of workgroups, and composition of workgroups. (Justin, 40 min)
 - Kevin Plachy clarified who Task Force members will submit their report (Board of Governors) to and limitations they have to enforce change that Task Force may recommend
 - Topics of consideration
 - Ethics and Wellness
 - Focus on Law students
 - Vicarious Trauma
 - Workplace well-being
 - Focusing on disparities experienced by people of color and LGBTQ community
 - Helping new lawyers' transition
 - DEI involvement intertwined in all the work
- Volunteer recruitment

- Working with sections, eblast
 - Largest recruitment will occur through summit
- How to engage volunteers into the dialogue
- Justin Bingham adjourned meeting at 5:33pm