

WASHINGTON STATE BAR ASSOCIATION

Draft Well-Being Taskforce Inaugural Meeting Minutes

March 28, 2024, 3:00-5:00pm, hosted on Zoom

Attendance: Justin Bingham, Judge Michael Finkle, Emily Arneson, Melissa Berry, Kyle Sciuchetti, Laura Moss, Ghousia Bushra Rahim

WSBA Staff Present: Dan Crystal, Adely Ruiz, Kevin Plachy

Absent: Darcel Lobo, Jenn Stuber, Anna Endter

Meeting Minutes

- Welcome. Summary of meeting Agenda. (Justin, 5 min)
 - Discussed value of Well-being in the profession
 - Their passion for WBT
- Introductions. Why is well-being in the legal profession a personal mission? (25 min)
- Reviewed Volunteer Roles and Responsibilities (Dan, 10 min)
 - Bylaws, Committees and Boards Policies, Open Meetings and Public Records Requests, Roles of liaisons. Framework for communicating.
- Reviewing the charter. Framework for handling meetings. (Justin, 10 min)
 - Scheduling, frequency
 - Kyle S. cannot meet on last Thursday of the month
 - Judge Michael F. lunch hour or Monday afternoons around 3:30pm
 - Emily A. flexible except for Wednesdays during lunch hour; prefers early morning
 - Melissa B. Monday Afternoons after 3pm generally work; can make early morning work
 - Dr. Moss; 7:30am Mon, Tue, not available on Monday afternoons
 - Bushra; Monday afternoon at 3:30 and Monday early in the morning
 - Rules for Group Process
 - Establishing meeting style
 - Informal but formal for motions and decisions required of the group

- Describing workgroups and the survey.
 - Kevin P- noted that workgroups do allow ad hoc members; this can be a resource to our workgroups
- Introduction to the Member Wellness Program (Adely, 10 min)
- The Well-Being in Law Movement (Dan, 15 min)
 - The Path to Lawyer Well-Being, The Well-Being Pledge, IWIL, Michigan Report, Taskforce Victories
- Priorities for our next meeting
 - Meeting poll to establish time availability
 - What are the taskforce priorities that we should focus on
 - Topics for our workgroups
- Adjourned (4:56pm)

New business

- Everyone establishing their idea of workgroups and what their focus should be based on what the charter is stating
- Respond to Meeting poll survey to establish next meetings
- Everyone considering task force priorities