# WASHINGTON STATE BAR ASSOCIATION

## Well-Being Taskforce Inaugural Meeting Agenda

March 28, 2024, 3:00-5:00pm

#### **Zoom - Remote Meeting**

Zoom Conference Call Line: (253) 215-8782 Meeting ID: 834 5772 2618 || Passcode: 350121

#### Website, SharePoint

Taskforce Members: Justin Bingham (Chair), Kyle Sciuchetti, Darcel Lobo, Melissa Berry, Emily Arneson, Jenn Stuber, Anna Endter, Ghousia Rahim, Michael Finkle, Laura Moss, Liaisons Adely Ruiz & Dan Crystal

Quorum Bylaw "Quorum" means the presence of a majority of the voting membership. A quorum must be present when votes are taken. Quorum: 6 members

### **Agenda**

- Welcome. Summary of meeting Agenda. (Justin, 5 min)
- Introductions. Why is well-being in the legal profession a personal mission?
   (25 min)
- Volunteer Roles and Responsibilities (Dan, 10 min)
  - o Bylaws
  - Committees and Boards Policies
  - Open Meetings and Public Records Requests
  - o Roles of liaisons. Framework for communicating.
- Reviewing the charter. Framework for handling meetings. (Justin, 10 min)
  - o Scheduling, frequency
  - Rules for Group Process
  - Describing workgroups and the survey.
- Introduction to the Member Wellness Program (Adely, 10 min)
- The Well-Being in Law Movement (Dan, 15 min)
  - The Path to Lawyer Well-Being
  - o The Well-Being Pledge
  - o IWIL
  - Michigan Report
  - Taskforce Victories
- Discussion of Taskforce priorities (15 min, time permitting)
- Adjourn