

# WASHINGTON STATE BAR ASSOCIATION

## Well-Being Taskforce Monthly Meeting Minutes Monday June 6, 2024 Hosted on Zoom

**Taskforce Members:** Justin Bingham (Chair), Michael Finkle, Darcel Lobo, Emily Arneson, Ghousia Rahim, Melissa Berry, Susan Lee, Laura Moss, Raquel Montoya-Lewis

**WSBA Staff:** Adely Ruiz, Dan Crystal, Kevin Plachy

**Absent:** Kyle Sciuchetti, Jenn Stuber, BOG Liaison Nam Nguyen

**Guest speaker:** Heidi Alexander

*Quorum Bylaw "Quorum" means the presence of a majority of the voting membership. A quorum must be present when votes are taken. Quorum: 5 members*

### Minutes

- Summary of meeting Agenda.
- A motion to approve the minutes from May 6<sup>th</sup>, 2024, was made by Emily Arneson with the amendment to correct spelling of Emily's last name. Melissa Berry motioned 2<sup>nd</sup> all other voting members approved
  - Judge Michael Finkle and Susan Lee abstained due to their absence during May meeting
- Introduce new Law Student representative Susan Lee.
- BOG Liaison Nam Nguyen
  - Kevin Plachy spoke to Nam's experience and interest in the Well-being Taskforce
- Heidi Alexander, Director of Massachusetts SJC Standing Committee on Lawyer Well-Being
  - discussed the national lawyer well-being movement and IWIL's work, as well as Massachusetts process in drafting its report.
    - Offered an understanding that there is a need for resources staff and budget to move any recommendation made in the report forward
    - Provided information on evaluation methods
    - Discussed services that have been implemented as a result of their report
- Workgroup discussion. Feedback about workgroup preferences based upon these initial assignments.
  - Identification of workgroup chairs.
    - Discussed and asked for feedback on grouping of people and assigned workgroup topics that Justin created with WSBA staff liaisons and Kevin Plachy
    - Emily Arneson asked there be separate workgroup specifically looking at mental health

- Judge Michael Finkle offered their expertise in mental health and desire to participate
  - Melissa Berry, Darcel Lobo asked for clarification on the role of the workgroups
    - Dan Crystal and Kevin Plachy provided clarification
  - Justin Bingham discussed bringing on volunteers for workgroups
    - Melissa Berry discussed concern around logistics of meeting times and the structure of meetings moving forward if there will be inclusion of volunteers amongst the workgroups
  - Laura Moss asked there be an invite in order to rally volunteers
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- Adjourned at 5:40PM

### **New Business**

- Members are to forward an email to Justin, Dan, and Adely confirming the following
  - approval of their assignment in workgroups
  - Express interest if there is a desire to be appointed as the chair to the workgroup
  - Discuss outreach in options in order to rally up volunteers from the workgroup